

Recognizing Bullying



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People often talk about bullying. But what is bullying?

Bullying happens when one person or a group of people repeatedly harms another person. Bullying is not a single event. It is not an accident. One way to recognize bullying is to notice the difference in facial expression and body language between the person who is bullying and the person who is being bullied. This activity will help you recognize bullying.

Your Turn Tell which events are bullying. Explain your answer.

1. A student constantly makes fun of another student's clothing.

Bullying: It happens repeatedly and is harmful.

2. Three students keep passing around mean jokes about another student.

Bullying: The students keep harming the other student.

3. Two people accidentally run into each other during dodgeball.

Not Bullying: The harmful situation was an accident and happened just once.

4. A teacher often makes fun of a student in front of the class.

Bullying: The teacher often makes fun of one particular student.

5. Players on one team say they will win against players on another team.

Not Bullying: The point of team sports is to win. The team is not causing harm.

6. A mom makes her son take medicine for a stuffy nose.

Not Bullying: The mom is wanting to help her son, not harm him.

7. One student often takes pencils from another student without asking.

Bullying: The student taking the pencils is often harming the other student.

8. Three students threaten to fight another student after school.

Bullying: Threats are harmful, and they make the person afraid for a long time.

9. Someone keeps posting mean things online about someone else.

Bullying: Mean posts online over and over are harmful.

10. Two friends enjoy trading insults as they eat their lunches.

Not Bullying: Both friends enjoy trading insults, so they aren't harming each other.

- See more at <http://k12.thoughtfullearning.com/minilesson/recognizing-bullying>