

TRICKS TO TREAT WRITER'S BLOCK



What to do when you are struggling to get started

1 FREEWRITE

Write nonstop for 5 or 10 minutes. Keep writing even when you can't think of anything. Don't stop to make changes.



2 READ A MENTOR TEXT

Read for strategies and inspiration. Pay attention to how the author starts the piece.



3 TAKE A WALK

Stroll around your classroom or hallway. (Get permission from your teacher first.)



4 CHAT WITH A PEER

Discuss your ideas and struggles with a classmate, friend, or family member.



5 WORK ON SOMETHING ELSE

Make progress on another piece of writing. Return to the trouble piece with newfound confidence.

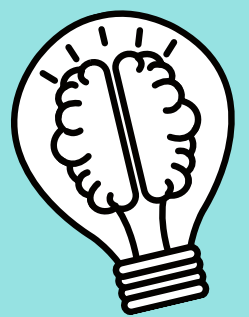
6 GET A SNACK

Energize and hydrate.



7 BRAINSTORM

Write down your topic. Then rapidly list as many ideas about it as you can—even wild ideas. Don't pause to judge.



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Add Your Own Tricks!